



SOKRATES

Greek Taverna





BANQUET MENU



GREEK MEZE BANQUET

A FEAST OF FLAVOURS!!

£ 20.50 PER PERSON

MIXED OR VEGETARIAN

**** A GREAT EATING EXPERIENCE ****

THE DISHES ARE SERVED TO THE MIDDLE
OF THE TABLE AND NOT TO THE INDIVIDUAL

"MEZE IS FOOD FOR SHARING"



AROUND TWENTY PLUS DISHES SERVED FOR YOU TO SHARE AND TAKE YOU
ON A CULINARY TRIP TO **GREECE, CYPRUS** AND THE **EAST MEDITERRANEAN**.

STARTING WITH DIPS SUCH AS **HOUMOUS** AND **TZATZIKI** FOLLOWED BY
TASTY DISHES SUCH AS **AUBERGINES IMAM**, **GIGANTES** (BUTTER BEANS)
SPANAKOPITES (SPINACH PIES), FRIED **HALOUMI CHEESE**, **PASTOURMAS**
CHILLI SAUSAGES, **SOUVLAKI** (PORK KEBAB) AND **LAMB KOFTAS**.

FINALLY, TRADITIONAL SPECIALITY DISHES LIKE **MOUSAKA**,
STIFADO (BEEF CASSEROLE) AND **GREEK STYLE MEATBALLS** TO FINISH OFF.

YOU MAY FIND THAT SOME MEZE DISHES ARE VARIED FROM TIME TO TIME DUE
TO SEASONALITY OF INGREDIENTS AND TO MAINTAIN INTEREST AND VARIETY
OVER SUCCESSIVE VISITS. ABOVE, WE SHOW A SELECTION OF DISHES IN ORDER
TO GIVE YOU A GENERAL IDEA OF THE MEZE.

PLEASE NOTE:

ORDERS ARE FOR ONE MEZE PER PERSON AND ONLY FOR 2 OR MORE PEOPLE.

THERE HAVE TO BE AT LEAST TWO MEZE OF THE SAME TYPE PER TABLE I.E. MIXED OR VEGETARIAN.
FOR EXAMPLE, ORDERS OF 2 PEOPLE FOR 1 MIXED AND 1 VEGETARIAN MEZE CANNOT BE TAKEN.



APPETIZERS



DIPS



(ALL THE DIPS ARE CHILLED AND SERVED WITH PITA BREAD)

Houmous £4.00

PUREED CHICK PEAS, TAHINI, TOUCH OF CUMIN, GARLIC AND LEMON JUICE.

Ktipiti £4.50

ROASTED RED PEPPERS BLENDED WITH FETA CHEESE AND FRESH HERBS.

Tzatziki £4.50

VERY REFRESHING WITH GREEK YOGURT, GRATED CUCUMBER, GARLIC AND HERBS.

Tahini £4.00

SESAME PASTE WITH LEMON AND A LITTLE GARLIC. IT HAS A SMOOTH NUTTY FLAVOUR.

Taramosalata £4.00

A VERY POPULAR DIP MADE FROM COD ROE PASTE, ONIONS, OIL AND LEMON.

Skordalia £4.00

MASH POTATO MIXED WITH PLENTY OF GARLIC, OLIVE OIL, LEMON AND PARSLEY.

4-DIPS PLATTER £5.00 (PER PERSON)

CHOOSE ANY FOUR FROM THE ABOVE. SERVED WITH A MIXED SALAD GARNISH.



APPETIZERS WITH CHEESE



HORIATIKI (GREEK VILLAGE SALAD)

STARTER £6.00, MAIN COURSE £9.00

TOMATOES, CUCUMBER, GREEN PEPPERS AND ONIONS TOPPED WITH FETA AND BLACK KALAMATA OLIVES. SPRINKLED WITH OLIVE OIL AND OREGANO.

BAKED FETA £6.50

OVEN BAKED FETA CHEESE TOPPED WITH TOMATO SLICES AND SPRINKLED WITH OLIVE OIL AND OREGANO.

FETA SAGANAKI WITH TOASTED SESAME £6.50

FETA BATTERED AND PAN-FRIED. SERVED WITH A SALAD GARNISH AND TOPPED WITH TOASTED SESAME.

SPANAKOPITES £5.00

FILO PASTRY PIES WITH SPINACH, LEEKS, SPRING ONIONS, FETA AND HERBS.

FRIED HALOUMI WITH PESTO £5.75

CYPRIOT HALOUMI CHEESE DEEP FRIED AND GARNISHED WITH PESTO. SERVED ON A BED OF SALAD WITH PITA.



APPETIZERS



☀️ VEGETARIAN APPETIZERS ☀️

FALAFEL WITH HOUMOUS £5.50

BROAD BEAN RISsoles SERVED WITH HOUMOUS, SALAD AND PITA.

VEGETARIAN DOLMATHES £5.00

VINE LEAF PARCELS WITH RICE, VEGETABLES AND HERBS.
SERVED WITH TOMATO SAUCE AND TZATSIKI.

AUBERGINES IMAM STYLE £6.50

WITH TOMATOES, ONIONS, GARLIC AND HERBS.
SERVED WITH PITA AND HOUMOUS.

GIGANTES £4.75

BUTTER BEANS WITH TOMATOES, ONIONS, GARLIC,
CARROTS, CELERY AND HERBS.

☀️ SEAFOOD APPETIZERS ☀️

FRIED KALAMARI £6.50

DEEP-FRIED SQUID SERVED WITH A SALAD GARNISH
AND A POT OF TARTARE SAUCE.

KING PRAWNS SAGANAKI £9.50

FROM THE GREEK ISLANDS WITH TOMATOES, WINE, FETA AND GARLIC.

☀️ MEAT APPETIZERS ☀️

GREEK SOUVLAKI £6.00

PORK ON SKEWERS WITH PITA, TZATSIKI, TOMATOES AND ONIONS.

KOFTA £6.00

SPICY LAMB MINCE KEBABS SERVED WITH SLICED TOMATO,
ONIONS, HOUMOUS AND PITA.

PASTOURMAS £5.00

SPICY CHILLI SAUSAGE SERVED WITH HOUMOUS, TOMATO AND PITA.

KEFTETHES £5.50

GREEK STYLE MEATBALLS IN TOMATO SAUCE TOPPED WITH
GRATED CHEESE AND SERVED WITH PITA.

DOLMATHES £5.00

VINE LEAF PARCELS WITH RICE, MINCED MEAT AND HERBS.
SERVED WITH TOMATO SAUCE AND TZATSIKI.



APPETIZERS



SPECIAL APPETIZER



MEZE COMBO PLATTER

£9.50 PER PERSON

MIXED OR VEGETARIAN

ORDERS ARE FOR
ONE MEZE PLATTER PER PERSON
AND ONLY FOR 2 OR MORE PEOPLE

THE ULTIMATE APPETIZER

A PLATTER WITH A SELECTION OF
FIVE TASTY NIBBLES AND FIVE DIPS
FOR A GREAT INTRODUCTION TO YOUR MEAL.
ENJOY THE VARIETY AND COMBINATION
OF THE DIFFERENT FLAVOURS.

HIGHLY RECOMMENDED!



SIDE ORDERS



GREEK OLIVES £5.00

THE BEST KALAMATA OLIVES!

GREEK STYLE SIDE SALAD £3.50

MIXED SALAD WITH FETA CHEESE.

GARLIC PITA £2.50

(GARLIC, PARSLEY AND OREGANO)

GARLIC & CHEESE PITA £3.50

(GARLIC, FETA, PARSLEY AND OREGANO)

FRIED POTATOES OR RICE £1.50



MAIN COURSES



☀️ TRADITIONAL DISHES ☀️

MOUSAKA

MEAT £11.00, VEGETARIAN £10.50

LAYERS OF POTATOES, MINCED MEAT RAGOUT
(VEGETARIAN WITH LENTIL & VEGETABLE RAGOUT)
AND AUBERGINES TOPPED WITH BÉCHAMEL CREAM.
SERVED WITH SALAD.

KLEFTIKO FROM CYPRUS £16.50

LAMB SHANK COOKED SLOWLY IN THE OVEN
WITH POTATOES, ONIONS, TOMATOES AND HERBS.

STIFADO £15.50

TENDER BEEF COOKED WITH ONIONS, RED WINE, TOMATOES AND HERBS.
SERVED WITH RICE.

KEFTETHES £11.00

MEATBALLS IN TOMATO SAUCE TOPPED WITH GRATED CHEESE. SERVED WITH RICE.

GIGANTES £10.00

A VERY POPULAR DISH IN GREECE OF BUTTER BEANS OVEN BAKED WITH TOMATOES,
ONIONS, GARLIC, CARROTS, CELERY AND HERBS. SPRINKLED WITH FETA CHEESE AND
SERVED WITH A SIDE SALAD. ALSO...

!! COMBINE IT !!

GIGANTES WITH PASTOURMAS £13.00

TOP THE BUTTER BEANS WITH PASTOURMAS CHILLI SAUSAGE
(SEE MEAT APPETIZERS) TO ADD SOME EXTRA SPICE TO THE DISH!

KING PRAWNS SAGANAKI £19.00

A GREEK ISLAND DISH OF KING PRAWNS AND POTATOES COOKED
WITH TOMATOES, WINE, FETA CHEESE AND GARLIC.

KREATOPITA £11.00

A TRADITIONAL GREEK SPECIALITY OF A FILO PASTRY PARCEL FILLED WITH
TASTY MINCED MEAT RAGOUT THICKENED WITH EGG AND GRATED CHEESE
AND FLAVOURED WITH HERBS AND SPICES. SERVED WITH A SPRINKLING OF
TOMATO SAUCE AND A SIDE SALAD.

DOLMATHES

MEAT £10.00, VEGETARIAN £9.50

VINE LEAF PARCELS WITH RICE, MINCED MEAT (OR VEGETABLES) AND HERBS.
SERVED WITH TOMATO SAUCE AND TZATSIKI.

KALAMARI £14.00

SQUID RINGS FLOURED AND DEEP-FRIED.
SERVED WITH SKORDALIA DIP, FRIED POTATOES AND SALAD.



MAIN COURSES



☀ GRILLS & KEBABS ☀

CHICKEN FILLET £11.00

TENDER CHICKEN FILLET GRILLED WITH A TOUCH OF OREGANO.
SERVED WITH TZATZIKI, RICE AND SALAD. OR...

!! COMBINE IT !!

CHICKEN FILLET WITH CHICK PEA AND CHILLI STEW £13.50

WE SERVE THE CHICKEN WITH OUR SPICY
CHICK PEA & CHILLI STEW
FOR A TASTY COMBINATION MEAL.

KOFTA KEBAB £12.00

SPICY LAMB MINCE KEBABS SERVED WITH RICE,
SALAD AND TZATZIKI.

LAMB KEBAB £14.50

SERVED WITH RICE AND SALAD.

PORK OR CHICKEN SOUVLAKI £11.50

CHOOSE EITHER OR A MIXTURE OF BOTH.
SERVED WITH RICE, TZATZIKI AND SALAD.

JUMBO MIXED KEBAB PLATTER £17.50

A GREAT SELECTION OF PORK, LAMB, KOFTA AND CHICKEN KEBABS
SERVED WITH RICE, TZATZIKI AND SALAD.

☀ SOKRATES SPECIALITIES ☀

CHICKEN WITH SPINACH AND FETA £13.50

CHICKEN FILLET SLICES AND POTATOES COOKED WITH SPINACH, CREAM,
SPRING ONIONS AND DILL WITH A SPRINKLING OF FETA CHEESE.

CHICK PEA & VEGETABLE STEW WITH CHILLI £9.50

A DISH WITH WONDERFUL FLAVOURS INSPIRED BY THE MIDDLE EAST
OF CHICK PEAS AND VEGETABLES COOKED WITH TOMATOES, SPICES,
CHILLI AND FRESH CORIANDER. SERVED WITH RICE.

FILO PARCEL WITH SPINACH, LEEKS AND FETA £11.00

A DELICIOUS MIXTURE OF SPINACH, LEEKS, SPRING ONIONS,
DILL AND FETA CHEESE, WRAPPED WITH FILO PASTRY.
OVEN BAKED AND SERVED ON A BED OF TOMATO SAUCE.