



SOKRATES

Greek Taverna



THE POLICY OF THE RESTAURANT DICTATES FOR A MINIMUM ORDER OF £9.50 PER PERSON WHICH EXCLUDES DESSERTS AND BEVERAGES.



MEZE MENU



GREEK MEZE BANQUET

£18.50 pp

“MEZE IS FOOD FOR SHARING”

A VARIETY OF DISHES SERVED OVER AN HOUR OR SO
TO THE MIDDLE OF THE TABLE FOR YOU TO SHARE.

A FEAST OF FLAVOURS!!

YOU WILL BE TAKEN ON A CULINARY TRIP AROUND
GREECE, CYPRUS AND THE EASTERN MEDITERRANEAN.

DIPS E.G. HOUMOUS & TZATZIKI
GREEK SALAD WITH FETA
GRILLED VEGETABLES
SPINACH PIES WITH FILO PASTRY
AUBERGINES IMAM STYLE
GIGANTES (BUTTER BEANS)
FRIED HALOUMI CHEESE
PASTOURMAS CHILLI SAUSAGE
FISH OF THE DAY (S. T. AVAILABILITY)
KALAMARI
SOUVLAKI (PORK SKEWERS)
KOFTAS (SPICY LAMB MINCE KEBABS)
ROASTED CHICKEN WINGS
MOUSAKA
STIFADO (BEEF STEW WITH SHALLOTS)
KEFTETHES (MEATBALLS IN TOMATO SAUCE)

A VEGETARIAN MEZE BANQUET CAN
BE PROVIDED ONLY BY PRE-ORDERING
(MINIMUM 24 HOURS NOTICE)

TWO MEZE IS THE MINIMUM ORDER ACCEPTED

**** PLEASE NOTE ****

WE RECOMMEND THAT FOOD ORDERS ARE NOT MIXED, THAT IS WITH SOME PEOPLE ORDERING THE GREEK MEZE AND OTHERS INDIVIDUAL STARTERS/MAINS. THIS IS TO AVOID THE LARGE TIME DIFFERENCE IN SERVING THE GREEK MEZE IN COMPARISON TO A TWO-COURSE DINNER.



TRADITIONAL MENU



TRADITIONAL APPETIZERS



GIGANTES £5.00

BUTTER BEANS COOKED WITH TOMATOES, CARROTS AND CELERY,
TOPPED WITH CRUMBLED FETA. A GREEK CLASSIC! [GF] [V]

SPANAKOPITES £5.00

SPINACH & FETA FILO PASTRY PIES WITH TOMATO & CHILLI JAM. [V]

FALAFEL £5.50

MIDDLE EASTERN BROAD BEAN RISSOLES SERVED WITH
TOMATO AND CORIANDER SALAD, SUMAC AND HOUMOUS. [GF] [V]

AUBERGINES IMAM £5.75

AUBERGINES WITH TOMATOES, ONIONS, GARLIC AND SPICES.
SERVED WITH HOUMOUS AND TOASTED PINE NUTS. [GF] [V]

PASTOURMAS £5.50

FRIED SPICY SAUSAGE (BEEF) SERVED WITH HOUMOUS,
FRIED TOMATO AND RED ONION JAM.

DOLMATHES £5.00

FRAGRANT VINE LEAF WRAPS WITH RICE AND MINCED LAMB,
SERVED WITH TOMATO SAUCE AND TZATZIKI. [GF]
VEGETARIAN OPTION AVAILABLE.

KEFTETHES £5.00

MEATBALLS (BEEF & PORK) IN TOMATO SAUCE TOPPED WITH GRATED CHEESE.

LAMB KOFTAS £5.50

LAMB MINCE KEBABS FLAVOURED WITH SPICES, SERVED WITH
TZATZIKI, GRILLED TOMATO, RED ONIONS AND SUMAC. [GF EXCL. PITA]

GREEK SOUVLAKI £5.00

PORK SKEWERS SERVED WITH TZATZIKI AND SALAD. [GF EXCL. PITA]

FETA SAGANAKI £6.50

FETA SLICE FLOURED AND PAN FRIED. SERVED WITH
SWEET PEPPER COMPOTE AND TOPPED WITH SESAME SEEDS. [V]

HALOUMI £5.50

FRIED HALOUMI CHEESE, TOMATO & CHILLI JAM, PESTO. [GF] [V]

KALAMARI £6.50

DEEP-FRIED SQUID, LEMON & DILL MAYONNAISE.



TRADITIONAL MENU



☀️ TRADITIONAL DIPS ☀️

WE RECOMMEND THAT DIPS ARE NOT ORDERED AS INDIVIDUAL STARTERS.
THEY ARE MORE APPROPRIATE AS SHARING OR SIDE DISHES.

TZATZIKI £4.00

GREEK YOGURT, DICED CUCUMBER, GARLIC, HERBS. [GF] [V]

HOUMOUS £4.00

PUREED CHICK PEAS, TAHINI, GARLIC, LEMON JUICE. [GF] [V]

TARAMOSALATA £4.00

FISH ROE, LEMON JUICE, BREAD, ONION, LIGHT OIL.

TIROKAFTERI £4.50

CHEESE PATÈ WITH FETA, RICOTTA AND HOT CHILLIES. [GF] [V]
(SUBJECT TO AVAILABILITY)

KTIPIITI £4.50

FLORINA RED PEPPER AND FETA CHEESE TAPENADE. [GF] [V]

DIPS PLATTER £5.00

ALL DIPS IN INDIVIDUAL POTS. YOU CAN CHOOSE
TWO POTS OF YOUR FAVOURITE IF YOU PREFER.

☀️ SIDE ORDERS ☀️

GREEK VILLAGE SALAD (HORIATIKI) £5.50

TOMATOES, CUCUMBER, PEPPERS, ONIONS, FETA, OLIVES, OREGANO. [GF] [V]

SMALL SALAD WITH FETA (NO OLIVES) £3.50 [GF] [V]

GREEK OLIVES £5.00

BLACK AND GREEN OLIVES DRIZZLED WITH OLIVE OIL. [GF] [V]

LEMON POTATOES £3.50

BABY POTATOES WITH LEMON AND THYME. [GF] [V]

HOME MADE FRIED POTATOES £3.00

HAND CUT, TWICE FRIED, SEASONED WITH SALT & OREGANO. [GF] [V]

RICE £2.00 [GF] [V]

GARLIC PITA WEDGES £2.00 [V]

GARLIC & FETA PITA WEDGES £3.00 [V]



TRADITIONAL MENU



☀️ TRADITIONAL MAIN DISHES ☀️

MOUSAKA £9.50

LAYERS OF POTATOES, LAMB RAGOUT, AUBERGINES AND BÉCHAMEL.
SERVED WITH A GREEK SALAD. (PREP TIME 25 MINS)
VEGETARIAN OPTION AVAILABLE ONLY BY PRE-ORDERING.

KLEFTIKO FROM CYPRUS £16.50

THIS DISH CAN ONLY BE PROVIDED BY PRE-ORDERING (MIN 24 HOURS NOTICE)

LAMB SHANK SLOWLY COOKED IN THE OVEN WITH CYPRUS POTATOES,
ONIONS, TOMATOES AND HERBS (BAY, THYME). [GF]

STIFADO £15.50

RICH, TENDER, SLOW COOKED BEEF STEW WITH SHALLOTS,
TOMATOES, WINE VINEGAR AND AROMATICS. SERVED WITH RICE. [GF]

GIGANTES WITH GREEK SALAD £9.50

BUTTER BEANS WITH TOMATOES, ONIONS, CARROTS AND CELERY
COOKED IN THE OVEN. SERVED WITH A SIDE SALAD. [GF EXCL. PITA] [V]

DOLMATHES WITH LEMON POTATOES £11.00

FRAGRANT VINE LEAF WRAPS WITH RICE AND MINCED LAMB.
SERVED WITH TOMATO SAUCE, TZATZIKI AND LEMON POTATOES. [GF]
VEGETARIAN OPTION AVAILABLE

KEFTETHES WITH RICE £10.00

GREEK STYLE MEATBALLS (BEEF & PORK) IN TOMATO SAUCE
TOPPED WITH GRATED CHEESE AND SERVED WITH RICE.

☀️ GRILLS ☀️

PORK, CHICKEN OR MIXED SOUVLAKI £9.50

PORK OR CHICKEN SKEWERS WITH SALAD, TZATZIKI AND PITA. [GF EXCL. PITA]

LAMB KOFTAS £10.50

SPICY LAMB MINCE KEBABS SERVED WITH TZATZIKI AND PITA. GARNISHED
WITH GRILLED TOMATO, RED ONIONS AND SUMAC. [GF EXCL. PITA]

JUMBO SOUVLAKI £14.00

LARGER PORTION WITH PORK SKEWERS, CHICKEN SKEWERS & LAMB KOFTAS.

LAMB CHOPS £15.50

SERVED WITH SALAD, TZATZIKI & FRIED POTATOES. [GF]

FILLET STEAK £22.50

WITH GRILLED VEGETABLES, ONION MARMALADE AND FRIED POTATOES. [GF]



CHEF'S MENU



CHEF'S MENU STARTERS

BAKED FETA £7.00

FETA SLICE BAKED WITH OLIVE OIL, TOMATOES, COURGETTES, THYME AND PINE NUTS. [\[GF\]](#) [\[V\]](#) (PREP TIME 20 MINS)

PRAWNS A'LA GREQUE £10.00

IN A PRAWN VELOUTÈ SAUCE FLAVOURED WITH GARLIC AND TARRAGON. [\[GF\]](#)

CHEF'S MENU MAIN DISHES

BEEF 'SOFRITO' WITH METAXA SPIRIT £21.00

BEEF FILLET SLICES PAN FRIED WITH SHALLOTS AND GARLIC IN A BEEF JUS & METAXA SPIRIT SAUCE. SERVED WITH FRIED POTATOES. [\[GF\]](#) (PREP TIME 25-30 MINS)

[AN ADAPTATION OF THE FAMOUS SOFRITO DISH FROM CORFU]

GREEK ISLAND PRAWNS £21.00

PRAWNS WITH OUZO, WINE, TOMATOES, FETA AND CHILLI. SERVED WITH RICE. [\[GF\]](#)

[INSPIRED BY THE GARIDES (PRAWNS) SAGANAKI DISH]

CHICKEN WITH SPINACH & FETA £13.50

CHICKEN FILLET WITH SPINACH, FETA AND POTATOES IN A CREAMY VELOUTÈ SAUCE. [\[GF\]](#) (PREP TIME 25 MINS)

COMBINATION DISHES

LAMB CHOPS WITH DOLMATHES £16.50

GRILLED LAMB CHOPS SERVED WITH DOLMATHES (VINE LEAF PARCELS), LEMON POTATOES, TOMATO SAUCE AND TZATZIKI. [\[GF\]](#)

CHICKEN SOUVLAKI WITH AUBERGINES IMAM £13.50

CHICKEN SKEWERS ON A BED OF RICE SERVED WITH AUBERGINES IMAM (SEE TRAD. APPETIZERS) AND TZATZIKI. [\[GF\]](#)

GIGANTES WITH PASTOURMAS £13.50

GIGANTES (BUTTER BEANS, SEE TRAD. MAINS) TOPPED WITH FRIED PASTOURMAS SPICY SAUSAGE (BEEF), SERVED WITH A GREEK SALAD.

SPECIAL DISHES

WE MAY HAVE SPECIAL DISHES OF THE DAY SO PLEASE ENQUIRE WITH OUR STAFF.

