

SOKRATES

GREEK TAVERNA (HORWICH)

MENU



IMPORTANT NOTE:

Please discuss with our staff prior to ordering any special dietary requirements you may have.
Allergen info menu is available.

The policy of the restaurant dictates for a minimum order of £10 per person which excludes desserts and beverages.

MEZE MENU

GREEK MEZE BANQUET £19.50 per person

Two meze is the minimum order accepted per table

"MEZE IS FOOD FOR SHARING"

A variety of dishes served over an hour or so to the middle of the table for you to share.

A Feast of Flavours!!

You will be taken on a culinary trip around **Greece, Cyprus** and the **Eastern Mediterranean**.

DIPS e.g. **HOUMOUS & TZATZIKI**
GREEK SALAD WITH FETA
CHAR-GRILLED VEGETABLES
SPINACH & FETA FILO PARCELS
AUBERGINES IMAM STYLE
GIGANTES (BUTTER BEANS)
HALOUMI CHEESE
PASTOURMAS SPICY SAUSAGE

FISH OF THE DAY (*subject to availability*)
KALAMARI
SOUVLAKI (PORK OR CHICKEN SKEWERS)
KOFTAS (LAMB MINCE KEBABS)
ROASTED CHICKEN WINGS
MOUSAKA
STIFADO (BEEF STEW WITH SHALLOTS)
KEFTETHES (MEATBALLS IN TOMATO SAUCE)

A vegetarian meze banquet can be provided by pre-ordering (at least 3 hours notice)

A gluten free meze banquet can also be provided with a minimum 24 hours notice

**** PLEASE NOTE ****

We recommend that orders are not mixed i.e. with some people ordering the meze and others individual starters and mains. This is to avoid the large time difference in serving the greek meze in comparison to a two-course dinner.

À LA CARTE MENU

APPETIZERS

GIGANTES £5.50

Oven baked butter beans with tomatoes, carrots and celery, topped with crumbled feta. A great greek classic! **[GF]* [V]**

SPANAKOPITES £5.75

Spinach and feta filo pastry parcels served with tomato compote. **[V]**

FALAFEL £6.50

Middle eastern broad bean rissoles served with a tomato, onion and coriander salad, sumac and houmous. **[GF]* [V]**

AUBERGINES IMAM £6.75

Baked aubergines with chilli and spices. Served with houmous, fresh coriander and toasted pine nuts. **[GF]* [V]**

PASTOURMAS £6.50

Spicy sausage (beef) with houmous, fried tomato and red onion marmalade.

DOLMATHES £5.50

Vine leaf wraps with rice and minced lamb, served with tzatziki. **[GF] [VEGETARIAN OPTION AVAILABLE] [contains tomato]**

KEFTETHES £5.50

Meatballs (beef & pork) in tomato sauce topped with grated cheese. **[contains eggs, milk, bread]**

LAMB KOFTAS £6.00

Lamb mince kebabs flavoured with spices, served with tzatziki, grilled tomato, onions, fresh coriander and sumac. **[Koftas contain bread]**

KALAMARI £7.00

Fried squid, lemon and dill mayonnaise, sumac. **[GF OPTION AVAILABLE]**

GREEK SOUVLAKI £6.00

Pork or chicken skewers served with tzatziki and salad. **[GF]***

HALOUMI £6.00

Fried haloumi served with tomato compote and pesto. **[GF]* [V]**

FETA SAGANAKI £7.50

Feta slice floured and pan fried. Served with florina red pepper compote and topped with sesame seeds. **[V] [GF OPTION AVAILABLE]**

BAKED FETA £8.50

Feta slice baked with olive oil, tomatoes, courgettes, thyme and pine nuts. **[GF] [V] (prep time 20mins)**

[GF] = Gluten Free, ***[GF Pita Available]**, **[V]** = Vegetarian

À LA CARTE MENU



DIPS

TZATZIKI £5.00

Greek yogurt, diced cucumber, garlic, herbs. **[GF] [V]**

HOUMOUS £5.00

Chick peas, tahini (sesame), garlic, lemon juice. **[GF] [V]**

TARAMOSALATA £5.00

Red roe, lemon juice, bread, onion and light oil emulsion.

KTIPITI £5.00

Florina red pepper, feta and chilli. **[GF] [V]**

DIPS PLATTER £5.50

All four dips in individual pots.



SIDE ORDERS

GREEK VILLAGE SALAD (HORiatIKI) £5.75

Tomatoes, cucumber, peppers, onions, feta, olives, oregano. **[GF] [V]**

CHAR-GRILLED VEGETABLES £5.75

With olive oil and lemon vinegraitte.

SMALL SALAD WITH FETA (NO OLIVES) £4.25 **[GF] [V]**

GREEK OLIVES £5.00

Black and green olives drizzled with olive oil. **[GF] [V]**

HOME MADE FRIED POTATOES £3.00

Seasoned with sea salt and oregano. **[GF] [V]**

LEMON & THYME POTATOES £4.75 **[GF] [V]**

RICE £2.50

GARLIC PITA WEDGES £3.00 **[V]**

GARLIC & FETA PITA WEDGES £4.00 **[V]**



À LA CARTE MENU

MAIN DISHES

MOUSAKA £11.00

Layers of potatoes, lamb ragout, aubergines and béchamel.
Served with a side salad. (prep time 25 mins)
[vegetarian option available only by pre-ordering]

KLEFTIKO FROM CYPRUS £18.50

[can only be provided by pre-ordering with min 24 hours notice]
Lamb shank slowly cooked in the oven with cyprus potatoes,
onions, tomatoes and herbs (bay, thyme). **[GF]**

STIFADO £18.50

Rich, tender, slow cooked beef stew with shallots,
tomatoes, wine vinegar and aromatics. Served with rice. **[GF]**

GIGANTES £11.00

Butter beans with tomatoes, carrots and celery baked
in the oven. Served with pita* and a side salad. **[GF] [V]**

DOLMATHES £11.00

Vine leaf wraps with rice and minced lamb.
Served with tzatziki and potatoes. **[GF]**
[vegetarian option available] [contains tomato]

KEFTETHES £11.00

Greek style meatballs (beef & pork) in tomato sauce topped
with grated cheese and served with rice or 'orzo' pasta†.
[contains eggs, milk, bread]
['orzo' is pasta in the shape of rice]

BEEF 'SOFRITO' WITH METAXA SPIRIT £23.50

Beef fillet slices in a beef jus and metaxa spirit sauce.
Served with fried potatoes.
[contains cream] [GF] (prep time 30-35 mins)

[GF] = Gluten Free,
***[GF Pita Available],**
[V] = Vegetarian,
†Orzo Pasta is subject to availability

À LA CARTE MENU



GRILLS

PORK, CHICKEN OR MIXED SOUVLAKI £11.50

Pork or chicken skewers with salad and tzatziki. **[GF]**

LAMB KOFTAS £11.50

Lamb mince kebabs flavoured with spices, served with tzatziki, grilled tomato, red onions, fresh coriander and sumac.

[koftas contain bread]

JUMBO SOUVLAKI £16.00

Larger portion with pork skewers, chicken skewers and lamb koftas.

LAMB CHOPS £17.50

Grilled lamb chops seasoned with oregano. Served with salad, tzatziki and fried potatoes. **[GF]**

À LA CARTE MENU

COMBINATION DISHES

LAMB CHOPS & DOLMATHES £18.50

Grilled lamb chops with dolmathes (vine leaf wraps), potatoes and tzatziki. [GF] [contains tomato]

CHICKEN SOUVLAKI & AUBERGINES IMAM £16.50

Chicken skewers on a bed of rice served with aubergines imam (see appetizers) and houmous. [GF]

[GF] = Gluten Free, *[GF Pita Available], [V] = Vegetarian





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